

Be honest

How many times do you have PE sessions with your class
in a week?

Multiply this by 38

This is our many times we have to plan quality teaching
sessions for the children of Highfield

Multi Skills PE Professional Development
package and resource.

This has been packaged up to support your PE
right across the school
starting with a planning workshop
and splitting the junior and senior levels.



LONG TERM ATHLETE DEVELOPMENT PATHWAY

0 - 6 years	6 - 9 years	9 - 12 years	12 + years	Sport dependant
EXPLORE Fundamentals of Movement	LEARN Fundamental Movement Skills	PARTICIPATE Fundamental Sport Skills	PERFORM Sport Specific Skills	EXCELL High Performance

Explore Learn Apply Refine Excel
 Participate Retain

Our professional development package is made up of three key stages.

To get the full benefit of the professional development package, it is important that all three stages of a workshop are adhered to.

Stage one: identified teacher(s) attend a full day workshop (dates below)

Stage two: all teachers in the appropriate syndicate attend a 2 hour after school workshop (as arranged with your staff)

Stage three: modeling of 4 sessions using the resource, delivered to one class by your Young Persons Advisor

Stage One Key Date**Workshop Title****Key Attendees****Wednesday 14th March****PE Planning Workshop****Lead Teacher PE***This workshop will be followed by ongoing support by your Young Persons Advisor.***Thursday 15th March****Teaching PE using Multi Skills****Year 1–3 Teachers***Arrange dates with your Young Persons Advisor for stage 2 and 3 to take place***Thursday 26th July****Teaching PE using Games for Understanding****Year 4–8 teachers***Arrange dates with your Young Persons Advisor for stage 2 and 3 to take place*

Step I

re look at our Long Term Plan

Does it include all that we want to teach our children?

Step 2

Create an overview of our PE programme

Step 3

Create plans to assist us in our teaching